



Be creative with your everyday treats:

*Make scarecrows out of cupcakes.
 *Dye your Rice Krispies orange with food coloring and shape them into balls to look like pumpkins. You can top them with any green or brown candy to represent the stem.

*Make your homemade pizza look like a Jack-O-Lantern by covering with lots of orange cheese. Use your toppings to make the eyes, nose and mouth.

*You can order fresh baked bread from the bakery dyed orange. Use it to make their sandwiches and then cut them with a pumpkin shaped cookie cutter.

*Two bundt cakes put together make a really great pumpkin. Frost it with orange frosting and use an ice cream cone covered with brown frosting as the stem. You can keep it as a pumpkin or make it a jack-o-lantern with some black licorice or brown M & M's.

*Help your children mix orange food coloring into the cream cheese. Then spread it on to a bagel. Then use raisins to make the faces of the Jack-O-Lantern. You can also use orange spreadable cheese on an English muffin.

What is one part of 4th of July you look forward to each year?

5 women said fireworks, 2 women said homemade ice cream, 5 women said being with family & friends, 2 women said going to Cayucos, 2 women said seeing the kids be so excited about the fireworks, 1 woman said going to the church service where they recognize people in the military, 1 woman said eating watermelon, 1 woman said the smell of burnt hot dogs, 1 woman said Sally's Texas sheet cake, and 1 woman said the patriotism.



Richard Winward and son Brad with Denny Allen and sons Cody and Seth watching the parade in Cayucos.

What is your favorite thing to eat at a picnic?

4 said watermelon, 2 said fruit, 2 said sandwiches, 1 said lemonade, 1 said sushi, 1 said chips, 1 said cobbler, 1 said salad, 1 said chips & dips, 1 said everything, 1 said cobbler, 1 said potato salad, 1 said macaroni salad, 1 said brownies, 1 said hotdogs, 1 said pasta salad, 1 said broccoli salad, 1 said 7 layer dip, 1 said most all of it, 1 said Picnic? What's a picnic?

Sue's family tradition

Each of the kids get to make egg nog and they pop popcorn and then watch a video.

Visit our MOPS website at bakersfieldmops.org or MOPS International at mops.com

Cookie-Cutter Pumpkin Carving



Place a cookie cutter on the pumpkin and tap firmly with a rubber mallet until at least half of the cutter has pierced the pumpkin's shell. Remove the cutter with needle nose pliers if needed. With a small serrated knife follow the pattern made from the cutter to cut out the image. Make sure to cut all the way through the shell. With one hand inside the pumpkin, push out cookie cutter image from the pumpkin and discard. Place a votive candle or glow stick inside to light it up.

Ten Commandments for Beating Busyness

Thou shalt...

1. Connect heart-to-heart with your family each week.
2. Let the Holy Spirit lead you.
3. Be fruitful and productive, not busy.
4. Take rest seriously.
5. Use all your vacation time every year.
6. Commit your time off solely to nonwork activities.
7. Have fun at least once a week.
8. Eat regularly, preferably sitting down.
9. Exercise regularly.
10. Use technology to gain time, not consume it.

Information provided by Focus on the Family August 2008

UPCOMING

ADVENTURES:

Oct. 16th: MOPS@night 7:00pm-8:30pm at Sue's.

Oct. 17th: Play date at 9:00am-11:00am at Siemens Park on 3300 Redlands Dr.

Oct. 21st: MOPS meeting at Calvary Bible Church at 8:45am.

Oct. 23rd: Guys Getaway 6:15pm at Steve and Sue's.

Oct. 24th: MOPS-N-POPS 6-9pm at Sue's house.

Date: MOPS trip to Murray Family Farms

Nov. 4th: MOPS meeting at Calvary Bible Church at 8:45am

Nov. 13th: MOPS@night 7:00-8:30pm at Sue's house.

Nov. 18th: MOPS meeting at Calvary Bible Church.



Mark, Brad, Carter and Josh at our Murray Family Farms trip last year.