



Me and Mommy in the kitchen

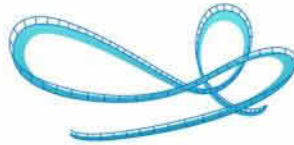


Make a yummy treat while teaching them about Jesus

Noah's Ark: Read the story to your children from Genesis 6 where God describes the ark that He wants Noah to build. Then you and your children can build your own ark using pretzels for the cypress wood and canned cheese or peanut butter to glue it all together. You can also use animal crackers and act out the animals going into the ark two by two. The kids will love it. I know mine did.

Moses parts the Red Sea snack: Frost a graham cracker with blue frosting, then add a couple of gummy fish. Read them the story from Exodus 14: 5-31. Tell them to listen really well because when you get to the part of the story where Moses parts the sea they can break their graham cracker in half and then eat it. You can even use teddy grahams as the Israelites walking on the dry ground through the wall of water.

Staying on track



Find out where you can give back in your church. Volunteer to help quarterly in a Sunday School class or commit to pray for a certain organization like "Say Yes".

If your kids attend AWANA find out if there is somewhere you can help. God wants to use all of us. Try out some different things to find out where your passions are.

Help your kids stay on track too!

*Teach your kids to save for the future (maybe something big they would like) to keep a little money for small items like from the dollar store, to tithe and/or give to someone in need. Christian Book distributors sells a bank for kids with 3 slots just for this purpose. Check out their websight at www.christianbook.com.

Kids say the cutest things

Dear God, Thank you for my baby brother, but what I prayed for was a puppy.
From, Hannah

Dear God, Please send me a pony. I never asked for anything before. You can look it up. From, Bruce

Family Time

Start exercising with your kids. Do sit ups, push ups, and jumping jacks with your kids in the living room. Let them lead and you do what ever they do. It will probably turn into a silly and fun time. You can also try walking or running next to them while they ride their bike around the block. They will probably really love it and the one on one time will mean a lot to them.

Declutter your kids rooms twice a year at Christmas time and their birthday. Teach them to get rid of toys they don't play with anymore. Give it to the Junk-a-tique and tell them another little boy or girl will have a chance to buy it and enjoy it just like he/she used to.

CLEANING TIP

